

2022
Term 3, Week 1



GILLWINGA GAZETTE

RESPECTFUL, RESPONSIBLE, RESILIENT





UPCOMING EVENTS

July



Monday Tuesday Wednesday Thursday Friday

Week 1

18 • Staff Return	19 • Students return	20	21	22 • Athletics Carnival - Track Only
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Week 2

25	26	27	28	29 • District Athletics
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August



Monday Tuesday Wednesday Thursday Friday

Week 3

1	2	3	4	5 • GPS NAIDOC Community Event
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Week 4

8	9	10	11	12
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Week 5

15	16	17 • Book Character Parade • Family Picnic • Open Classrooms	18	19
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Week 6

22 Book week	23	24	25	26
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Dear Families,

Welcome to the start of Term 3, after hopefully enjoying a safe and enjoyable winter break.

Updated COVID -19 Communication

I want to give you an overview of how we are continuing to ensure our school remains COVID-safe throughout this term.

As we continue to prioritise student and staff learning and wellbeing while at school, our layered COVID-smart measures will continue for Term 3.

- staying home and getting tested if unwell, and only attending school when symptom free
- strongly encouraging mask-wearing for all staff and students, particularly in the first 4 weeks of term
- rapid antigen testing for symptomatic students and staff, and close contacts attending school to learn and work
 - good hygiene practices
 - maximising natural ventilation
 - boosted cleaning during the day, with particular attention given to high touch surface areas
 - responding to local COVID-19 conditions when necessary, by working with the department's Health, Safety and Staff Wellbeing team.
- Continuing these baseline COVID-smart measures allows us to prioritise student and staff wellbeing while giving our learners a consistent and productive learning environment this term.
- RAPID Anitgen test are available on request.

Staff engaged in Rock and Water as our Staff Development Day on Monday. Rock and Water has been running at Gillwinga for some time now however, it will be overhauled now that all staff are trained to deliver the program. More information to come.

This term we are introducing a mindfulness curriculum called smiling minds alongside our wellbeing program. Miss Campbell and Miss Cooper are our mindfulness champions and will be working with teachers and students over the coming months to implement the program across the school.

Mental Health & Mindfulness

Mindfulness is like gym for the mind

Creating mindful generations

Imagine if every young person was taught the skills they need to be resilient, emotionally aware and mentally healthy as a standard part of their education? We think this is possible and important for the mental health of future generations.

We want to see generations of young people thrive — and that means doing things a bit differently.

How you can support your child at home

We encourage you to get involved in your child's mindfulness journey!

Mindfulness activities

We know that the greatest learning actually happens at home and we hope you are excited to find ways to bring mindfulness into your home - it will benefit your child and your whole family!

If your child's school has started to use Smiling Mind, your child will have a take-home activity that they can do at home each week. Here are some more ideas for mindful activities you can do together at home:

01 Mindful eating

Think about how your family eats their meals - is everyone all over the place or do you sit down and enjoy a meal together?

Try and use meal time to savour your food, speak to each other and be present without any unnecessary distractions.

02 Mindful awareness

Spend time inside your house or in the garden and take some time to simply pay attention to what you can see, hear and smell.

It's amazing how often we go about our day without noticing what's right in front of us.

03 Mindful communication

Try and practice mindful communication by being aware when you are distracted and not paying attention, and bring your attention back.

Try and remind yourself to stop multitasking and simply pay attention when you're speaking to one another - really try and focus on what is being said and see if you can listen without thinking of other things - it's hard, but worth it!

Download the Smiling Mind app today

Our free app is available through the App Store or Google Play and can be downloaded on your phone, iPad or computer for your personal use.



Thanks to feedback from families and our P&C we have realised that many of you probably don't know exactly who we all are and what we all do!

This term we will be running a staff spotlight each week in our *classroom corner* to introduce you to all the friendly faces you can expect to see around Gillwinga for the rest of the year.

Classroom corner comes out each Tuesday so keep your eyes on our facebook page!



Giinagay!

Yam Ngaya (I am) Maddison Wright, however the students call me Miss Campbell.

This is my 7th year as a teacher and my 3rd here at Gillwinga. My role is currently Digital Technologies Teacher and Digital Classroom Officer. My passions in education are technology (obviously), Wellbeing and Aboriginal Education. Given all the Covid-19 restrictions since I began at GPS I haven't had the opportunity to meet as many of you as I would like however, I also run Gillwinga's social media so we have probably interacted, just not face to face!

This week our PBL focus is
Why we have rules

Classroom + Playground Incident Pathway		
Teacher	Student	Level
You are expected to...	Reminder	Green
What I expect of you is to...	Warning	Green
You continued to... You now have 5 minutes out... After 5 minutes the student is transitioned back to learning or play by restating the expected behaviour. What can you do next time to not get into this position?	Time out in the designated spot.	Green
You were expected to... You chose not to do that so you will have a warning slip Discuss the choice the student made. Aim to restore a positive choice. What will you do to change your behaviour?	Warning Slip	Warning Slip

Any physical violence or verbal threats/abuse directed at a person – immediately refer to the Executive Team.

Classroom Flow Chart 2022

Green Level (Desired behaviour) At this level: <ul style="list-style-type: none"> Student behaviour reflects the school values of being Respectful, Responsible and Resilient. Students are advancing towards Bronze, Silver, Gold and Principal Awards. Rewards Room access after receiving 5 Dunggirr Dollars
Warning Slip At this level: <ul style="list-style-type: none"> Incidents are recorded and parent contact will be made by the classroom teacher via text message. This replaces what previously would have been detention - students have time to reflect on their behaviour after receiving warnings in class and time out from teachers who follow the incident pathway. After three warning slips (approximately within a 2 week period), the student will be placed on an orange level.
Orange Level Check in / Check out system At this level: <ul style="list-style-type: none"> The student will remain on orange level for 3 days. Text message and letter home to parents. OCD (Check in, Check out) card for 3 days Session conversations between teacher and student about the expected behaviour. One additional incident will result in a Red Level.
Red Level: communication check in/ check out At this level: <ul style="list-style-type: none"> Students will remain on Red level for 5 days. Text message and letter home to parents. OCD (Check in, Check out) card for 5 days Session Conversations between teacher and student about the expected behaviour. An additional warning slip results in another day on red level Yellow (Warning slip) behaviour whilst on a red level is an additional day on red; However, 3 within the week results in a warning of suspension
Warning of suspension At this point: <ul style="list-style-type: none"> Red level behaviour whilst on a red level result in a warning of suspension Further negative behaviour while on red level will result in a warning of suspension.
Suspension At this point: <ul style="list-style-type: none"> Formal parent/teacher/executive/student meeting must occur

Next week our PBL focus is
Ethical Use of Technology

ETHICAL USE OF TECHNOLOGY POLICY

Are the words you use online...

True
Helpful
Inclusive
Needed
Kind



Before you post,
remember to
THINK!

ATTENDANCE

DUNGGIIRR

5/6A won the week for with Dunggiirr for having the highest attendance 3 times last term! Mr Attwater rewarded their efforts with a class party and pizza!



Healthy Lunchbox Ideas



Protein	Turkey	Tuna	Boiled Egg
	Peanut Butter	Ham	Grilled Chicken
Grains	Bread	Pita Bread	Tortillas
	Pretzels	Crackers	Goldfish
	Tostito Chips w/ Cheese	Chips w/ Guacamole	Granola
Dairy	Yogurt	Milk	Cheese
Fruit	Apples	Oranges	Mandarin Oranges
	Banana	Grapes	Strawberries
	Blueberries	Applesauce	Pineapple
	Kiwi	Mixed Fruit	Watermelon
Veggies	Carrots	Bell Peppers	Avocado
	Celery	Salsa	Salad Greens
	Cucumbers	Broccoli	Cauliflower
Dip	Ranch	Hummus	Cream cheese



Notice Board

FUN FRIDAY

for ages
8-13 yrs

@ grafton library from **4:00-5:00pm**
join in the free fun activities @ your library



friday 5th august
nintendo switch
check out our new games.

friday 2nd september
3D doodle pens
create a 3D sculpture.



friday 12th august
monster lego challenge
build your own lego monster.

friday 9th september
calico bags
make your own library bag.



friday 19th august
hour of code
have a go at some fun easy coding on a library iPad.

friday 16th september
nintendo switch



friday 26th august
lego carnival games

friday 23rd september
rock painting
paint your own rock to hide, share and hunt.



book now...

☎ 6641 0100, or

📍 in person @ your grafton library, or

🔗 check out 'what's on @ your library'
on our website crl.nsw.gov.au



Notice Board



2022 Program

for children starting school in 2023
begins Thursday, 28th July.



Ready, Set, Go!

*A Kindergarten Transition
to School Program*



Register Now

Gillwinga Public School
Hyde Street, South Grafton
Phone: 6642 2344

CONNECT
KIDS

Starts
26th July
2022

THE JOURNEY

Term 3, 2022 @ Connect Kids

Tuesdays 3:30-5pm
Connect Church Hall
Wharf St, South Grafton

Free ~ Fun ~ Games ~ Bible ~ Craft
For kids in K-6



Contact
Sonya O'Hara
0416 212 534

LET'S GO EXPLORING



sgpconnectkids@gmail.com

CONNECT
KIDS
»2022«

Connect Kids Club is a FREE after-school program for kids in K-6

Tuesdays • 3:30pm - 5pm
(during school term)

@ Connect Church Hall, Wharf St, South Grafton

games • food • craft • faith • fun

For more info, contact ...
Sonya O'Hara - 0416 212 534

• connectsgpc.org.au •