

2022
Term 1, Week 10

GILLWINGA GAZETTE

RESPECTFUL, RESPONSIBLE, RESILIENT





UPCOMING EVENTS

Week 11

Monday 4th April

- Canteen: Party Pies
- School Leader Induction Assembly - 9am

Tuesday 5th

- Easter Hat Parade, STEM Egg Drop + scavenger hunt - 9am

Thursday 7th

- Rewards Day

Term 2 - Week 1

Friday 29th April

- Clarence District Cross Country

PRINCIPALS ADDRESS

By Carly Woods

Hi families,

One more week of term 1 2022. What a term ! What I can say is the standard of behaviour from the students is commendable especially in a space where there has been so much change. A big shout out to all students, staff and parent for keeping things running as best we can and helping each other out.

Week 11 is a busy week ahead as we wrap up term 1 and celebrate all achievements thus far.

As the rules for COVID isolation rules are changing please keep up to date with advice from NSW health, our Facebook page and website.

Take care and enjoy the last week of Term 1, 2022.



PBL FOCUS



This fortnight our PBL focus is
Why do we have rules?



Students will be discussing why we have rules, what are the rules inside our classroom and how have we performed in regard to our school values this term.



Last week
Kindergarten
won the week
with Dunggiirr for
having the
highest
attendance.

This week the winners were 3/4T.

My name is Sarah and I'm a registered nurse (RN) with NSW Health.

My role as the WHIN (Wellbeing Health Inreach Nurse Coordinator) is to work with students and their parents/carers in identifying health needs and providing assistance in linking in with services outside the school setting. People often call me the "Link" nurse.

I will be at school on Fridays, if you would like to make a time to chat about any concerns you may have or to find out more about the WHIN service please call the school office and ask to speak to me or leave me a message.

I look forward to getting to know all the great families here at Gilwinga PS.

REWARDS ROOM

by our Student Support Officer and Learning Support Teacher



This Thursday will be Rewards Day!

Students will earn stars based on their behaviour this term.

5 STAR - Always displaying our 3 values

4 STAR - Has had a warning slip

3 STAR - Has had an orange level

2 STAR - Has had a red level

1 STAR - Has had a suspension

Students will be able to choose an activity from their star level or below. Students will be able to choose their activities on Monday.

RECIPE

Healthy Mac and Cheese

Ingredients

- 1 ½ cups uncooked pasta
- Half a small cauliflower
- 2 Medium zucchinis
- 2 Tbsp oil
- 2 Tbsp plain flour
- 1 medium onion finely diced
- 2 rashers of bacon finely diced
- 1 cup of milk
- 1 cup of grated cheese



Method

1. Cook the pasta as per the packet directions, drain and set aside
2. Roughly chop the cauliflower, peel the zucchini, roughly chop and steam with the cauliflower until tender
3. While the cauliflower is cooking start on the white sauce by heating oil in a saucepan. Add onion and bacon and sauté until onion softened and translucent.
4. Add the flour and cook for around 2mins whilst stirring
5. Gradually add the milk. Bring the sauce just to the boil then reduce the heat. Stir in ¾ Cup of the grated cheese, remove from heat
6. Once the veggies are tender, drain, then puree.
7. Stir the vegetable puree into your cheese your sauce and combine with the pasta
8. Pour the pasta and sauce mixture into a greased oven proof dish. Top with the remaining grated cheese
9. Bake for around 20mins at 180 degrees celsius, until the cheese on top is melted, bubbling and golden

Notice Board



RISE Education Program

Clarence Valley

Do **you** know a **child** who needs some extra support at school?

RISE is a free education mentoring program for **primary age children** with a **parent in prison**.

Know a **child in need**?
Curious to **become a mentor**?

SHINE is now accepting
new applications

www.shineforkids.org.au

For more information please contact:

cking@shineforkids.org.au or 0466 793 158

