

2021
Term 2, Week 5

GILLWINGA GAZETTE

BE RESPECTFUL, MAKE IT SAFE, TAKE RESPONSIBILITY





UPCOMING EVENTS

Week 5

Thursday 20th May
- Girls PSSA Touch Comp

Week 6

Wednesday 26th May
- 3-6 NSW Netball Cup

Week 7

Thursday 3rd June
- 5/6 PSSA Netball Gala Day

PRINCIPALS ADDRESS

By Lesa Bevan

Thank you to everyone at GPS who has made me feel so welcome into your school community.

End of Day Routines

As you are aware the end of the day is a very hectic time with over 150 students making their way home. We have children who walk home, get picked up, on the school bus plus over 7 local buses collecting students. Add to that the congestion caused by our neighbouring school, as such we have implemented a change in routine for the end of the day.

All classes will sit in their class lines under the top COLA. Parents who collect their children from the top gate or the front drive can walk in and collect their children or they will be walked to the front drive for those parents in cars. Next, walkers will be escorted to the gate to leave safely. School bus students will line up and walk onto the bus when staff are in place. Finally everyone else travelling home by bus will be seated inside the front gate to wait for their bus.

If there are changes to your child's normal routine please phone the school office during the day or let the teacher on afternoon duty know, so we can make a note of that arrangement.

I thank you for your patience and cooperation as we all learn to follow our new procedures. The safety of our students is our priority.

NAPLAN

Well done to our Year 3 and 5 students who completed their online NAPLAN assessments over the last two weeks. Students were assessed in Writing, Reading, Spelling & Grammar and Numeracy. Please note: students in Year 3 completed their writing test with pencil and paper.

The online format is an adaptive program, designed to assess a wider range of student abilities and to measure student achievement more precisely.

If you have any concerns regarding NAPLAN, please do not hesitate to contact your child's classroom teacher.

PRINCIPALS ADDRESS

By Lesa Bevan

Sports Teams

Good luck to our Girls Touch and Netball teams who will be competing in upcoming competitions. You should be proud of your achievement in being selected to represent your school. Thank you to Miss Evans and Mr Attwater for taking time out of their busy schedules to coach the teams and provide a fantastic opportunity for our students.

NATIONAL SIMULTANEOUS STORYTIME

The National Simultaneous Storytime is held annually by the Australian Library and Information Association. Each year a picture book, written and illustrated by an Australian author and illustrator, is read simultaneously in libraries, schools, pre-schools, childcare centres, family homes, bookshops and many other places around the country. Now in its 21st year, this colourful, vibrant and fun event aims to promote the value of reading and literacy and addresses key learning areas of the National Curriculum for Kindergarten to Year 6.

This year the selected children's book, "Give Me Some Space" written and illustrated by Philip Bunting and will be read live from the International Space Station. Thank you to Miss Campbell for organising this event so all of our students can join in.



No knives at school – parent factsheet

Health and Safety Directorate



There is no good reason to bring a knife to school.

NSW now has the toughest knife laws in Australia. As a parent, you need to be aware of these laws, as you can also be charged if you allow your child to carry a knife.

No knives allowed at school under any circumstances

If a student has a knife at school the principal may call the police.

The student may be expelled or suspended immediately. Possessing a knife includes your child simply having one in their bag or locker. Having a knife for self-protection is also illegal. If you are concerned about your child's wellbeing or safety, contact the principal.

Tough penalties apply for children convicted of knife offences, including gaol sentences of up to 25 years if someone is injured with a knife during an assault.

Every child has the right to feel safe and secure at school. There is no good reason for a child to ever have a knife at school.

If you want to talk about children and knives at school, please contact the principal.

What kind of knives are prohibited?

As school policy is designed to keep all students safe, no type of knife is allowed at school. That means no butter knives or fruit knives in lunchboxes, or knife tools for craft purposes.

Flick knives, ballistic knives, sheath knives, push daggers, trench knives, butterfly knives and star knives are all prohibited.

Your child cannot bring to school any item that can be used as a weapon (such as a chisel).

In lessons requiring the use of knives, for example cooking or trades, your child's teacher will supply and supervise the use of the tools.

There are some senior subjects, such as hospitality, where children may be required to have their own knives.

Your child's school will advise you about these courses and the procedures for carrying knives legally to and from school.

The law makes parents responsible

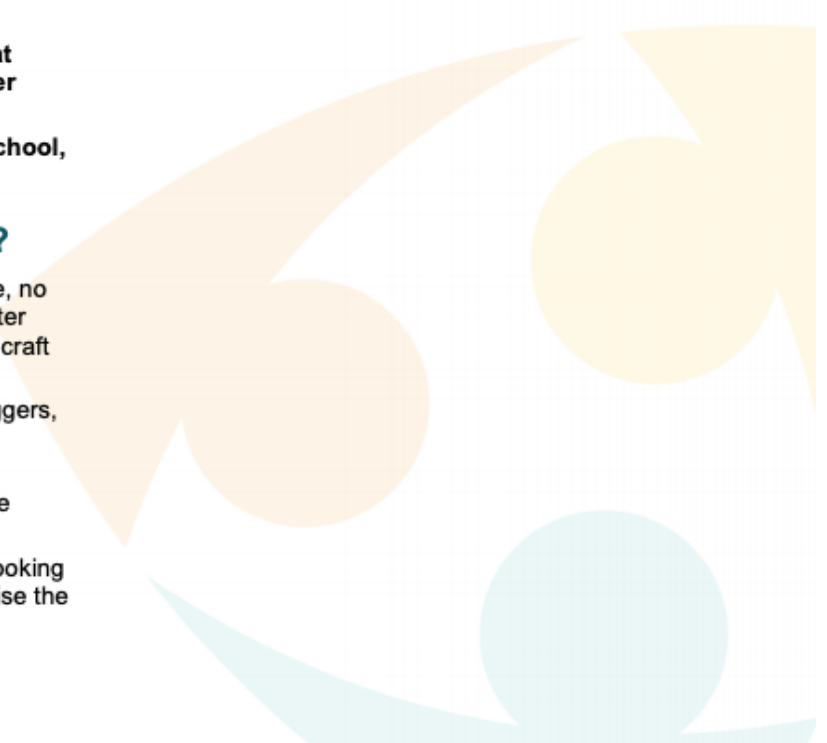
You need to make certain your child is aware of the school's rules and the State laws about knives.

If you allow your child to carry or possess a knife at school or in a public place, you can be charged.

The police can search any child they suspect of having a knife. They can confiscate any dangerous object they might find during the search.

Your child must comply with such a police search, or they may be arrested and charged.

It is also illegal for anyone to sell a knife to anyone who is less than 16 years old



Talking About Mental Health

Everyone has their own style of talking to their children. Below are some suggested phrases for conversation starters and ways of encouraging them to talk about difficult issues. You might like to say them like this or adapt them to ensure you are comfortable with what you are saying.

PROMOTING HELP SEEKING:

- *"Would you like some help in handling this? We could get some more help from someone who knows more about this."*
- *"Have you spoken to anyone else about this, anyone at school? Has that helped?"*
- *"What have you tried so far that's helped?"*
- *"This sounds really upsetting for you. Have you thought of talking to someone more about this? I can help with finding someone, if you want."*

CONVERSATION STARTERS:

- *"_____, are you OK? You seem a bit down."*
- *"You've seemed a bit upset lately. Do you want to talk about it?"*
- *"_____, you know I'll be there for you if you need me."*

ENCOURAGERS:

- *"If you want to talk, I'm happy to listen."*
- *"Why don't you try to write down what's on your mind? Sometimes that helps."*
- *"What could we do together to make things a bit better?"*

SHARING INFORMATION:

- *"There are some things we can keep between ourselves, but there are other things that we need to get help with."*
- *"We may need to tell the school about some of these things. Let's work out what they need to know."*

RECIPE

Lunchbox Swaps

 Best Left In	 Best Left Out
Apple \$4.70 per/kg 	Roll up \$42.60 per/kg 
Vegie sticks + hummus \$5.20 per/kg 	Corn chips \$11.80 per/kg 
Raisin bread \$6.90 per/kg 	Muesli bar \$18.50 per/kg 
Home-prepared cheese + biscuits \$11.50 per/kg 	Pre-packaged cheese spread + biscuits \$27.00 per/kg 
Yoghurt + frozen fruit \$4.60 per/kg 	Chocolate snack cup \$6.80 per/kg 
Homemade popcorn \$4.90 per/kg 	Pre-packaged salty snacks \$20.60 per/kg 
Homemade pikelets \$2.90 per/kg 	Sweet biscuits \$9.50 per/kg 



HEALTHYEATING
ACTIVE LIVING



Attendance

Punctuality.

It is important that your child attends school every day and on time. Arriving late to school is unsettling for children and disrupts the start to their day.

**Did you know? 10 minutes late every day
= 33 hours lost learning each year!!**

Can your child afford to miss out?



Notice Board

CVCON

CLARENCE VALLEY CONSERVATORIUM
PRESENTS

2021 CHAMBER MUSIC FESTIVAL

A weekend featuring performances from some of the country's leading musicians with performances by CVCon teachers and students

3 Days 4 Concerts

Concert 1 Acacia Quartet - Friday 18 June 7pm

Concert 2 Festival Concert - Saturday 19 June 2pm

FESTIVAL DINNER - Saturday 19 June 5pm - 7pm

Saturday night, enjoy dinner with the musicians before the concert

Concert 3 Sirius Chamber Ensemble - Saturday 19 June 7pm

Concert 4 Streeton Trio - Sunday 20 June 1pm

JUNE 18 - 20, 2021

BOOK NOW

Online at cvcon.nsw.edu.au

TICKETS available from:
Clarence Valley Conservatorium,
8 Villiers Street, Grafton. Phone: (02) 6643 3555



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Music and Lyrics by Andrew Lippa

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CLARENCE VALLEY CONSERVATORIUM
8 VILLIERS STREET, GRAFTON

FRIDAY 4 JUNE
7:30PM

SATURDAY 5 JUNE
2:00PM & 7:30PM

FOR BOOKINGS VISIT WWW.CVCON.NSW.EDU.AU OR PHONE 6643 3555

TICKETS: \$ 10 FAMILY: \$ 30

Ready, Set, Go!

Starting Term 3, Week 4 2021

Thursday 5th August

9.10-11.10am

More information to come soon



FOR BOOKINGS VISIT WWW.CVCON.NSW.EDU.AU OR PHONE 6643 3555

TICKETS: \$ 10 FAMILY: \$ 30



UNDERSTANDING AUTISM IN YOUNG CHILDREN

A free community workshop for staff supporting and working with young children (0-6 years) and their families.

Monday 21 June 2021 - 3.00pm to 4.00pm

Grafton Child and Family Well-Being Hub, 18-26 Victoria Street, GRAFTON NSW 2460

Register here: <https://earlydaysgrafton2.eventbrite.com.au>

Topics to be covered include:

- Early signs of autism in young children
- What autism is, and what it means for the child and their family
- Pathways for diagnosis
- Practical strategies to support families
- How services can support families
- Practical strategies that can make a difference to a child's development
- Helping parents select and maximise an intervention service.

This session, presented by the National Coordinator Early Days, is an opportunity for participants to learn about autism and what it means for families and carers.

Time is allowed for questions and sharing of experiences and ideas.

For more information about the Early Days program please contact:

Lynda Melville, National Coordinator

E: lynda.melville@earlydays.com.au

www.earlydays.com.au



earlydays

promoting development of
young children on the autism spectrum

UNDERSTANDING AUTISM IN YOUNG CHILDREN

*A free community workshop for parents and family members of
young children (0-6 years).*

Tuesday 22 June 2021 - 9.30am to 1.30pm

Grafton Child and Family Well-Being Hub, 18-26 Victoria Street, GRAFTON NSW 2460

Register Here: <https://earlydaysgrafton.eventbrite.com.au>

Topics to be covered include:

- Early signs of autism in young children
- What autism is, and what it means for the child and their family
- Pathways for diagnosis
- Practical strategies to support families
- How services can support families
- Practical strategies that can make a difference to a child's development
- Helping parents select and maximise an intervention service.

This session, presented by the National Coordinator Early Days, is an opportunity for participants to learn about autism and what it means for families and carers.

Time is allowed for questions and sharing of experiences and ideas.

Light refreshments provided.

For more information about the Early Days program please contact:

Lynda Melville, National Coordinator

E: lynda.melville@earlydays.com.au

www.earlydays.com.au