

**2021**  
**Term 2, Week 1**

# **GILLWINGA GAZETTE**

BE RESPECTFUL, MAKE IT SAFE, TAKE RESPONSIBILITY





# UPCOMING EVENTS

## Week 1

Friday 23rd April - District Cross Country

Sunday 25th April - ANZAC Day March

## Week 3

Thursday 6th May - Year Six Transition Sports Day

Friday 7th May - Mothers Day Stall

## Week 4

All Week - YR 3 + 5 NAPLAN Testing

# PRINCIPALS ADDRESS

By Mr Patterson

I would like to inform our community that I have been offered the position of Principal at Westlawn Public School, with a starting date of May 3, which is week 3 of Term 2. I would like to thank the Gillwinga Public School community for making me welcome and taking the time to listen and engage with the school. I have enjoyed my time here and will miss the enthusiasm and high spirits of the students.

The next step in the process is an Expression of Interest for the Principal Position at Gillwinga Public School. This process is currently open and a replacement identified by next Friday April 30.

Thank you again I wish you all the best and if you see me around please say hello.

Cross Country is in full swing with 44 students representing Gillwinga at the Clarence Valley Small Schools event and 18 of those qualifying for the Grafton District Carnival this Friday. The school will use the bus to transport students, however parents are more than welcome to take their own child. Good Luck.

Ms Renee Atkins one of our stage 1 teachers left at the end of last term. We have Ms Bersheena Thomas teaching that class this term. She is very happy and keen to work with the community to support our students.

For the remainder of the year staff will be attending professional development in the teaching of Mathematics. This learning will see benefits in all classes in the teaching of Mathematics. Gillwinga is very lucky to be part of this whole school maths development program.

Please be sure to make your child aware of road safety. A simple conversation about where to walk and how to cross the road is very important. Many of our students ride and walk to school and the Hyde St and Bent St being very busy in the morning and afternoons during school pick up and drop off times.

# ANZAC DAY

An invitation is extended to our students to attend the 2021 ANZAC Day Service, which will be held at the South Grafton Cenotaph on Sunday, 25th April 2021.

## **Assembly place:**

Please meet Mrs Williams, Mr Attwater, Miss Evans, and Miss Watters at ...

South Grafton New School of Arts,  
Corner of Skinner and Spring Streets,  
South Grafton

**When:** from 10:30am

**March starts:** 10:50am ... march down Skinner Street to the Cenotaph

The ANZAC Day Service will commence around 11:15am and will be of about 40 minutes duration.

Students wishing to participate are to wear full school uniform (including hat). Remember to bring a water bottle and wear sunscreen.

Our School Representatives will lay a wreath during part of the service.

LEST WE FORGET

Mr Jesse Browning  
Assistant Principal (Relieving)

# Attendance

As part of our attendance strategy to improve and promote good attendance at Gillwinga we have launched an Attendance Awareness campaign at school. The aim of this campaign is to:

- Continue to raise awareness of the importance of good attendance
- Inform parents/carers of the schools policies and procedures
- Decrease the number of unexplained absences by students
- Provide helpful tips on getting your child to school on time
- Reward pupils who attend every day and on time

The law in NSW states that all children between the ages of 6 and 17 years of age are required to attend school regularly. It is the responsibility of parents or caregivers to make sure that their children attend school every day.

You must send your child to school everyday:-  
unless.....

- Your child is too sick to go to school
- Your child has been injured
- Your child has to go to a special religious ceremony
- Your child has an infectious illness
- There is a serious family situation which requires their involvement.



Attending school every day makes learning easier for your child and helps build and maintain friendships with other children.

If students miss the basic skills in the early years of school, they may have problems early on. Regular attendance at school will help your child succeed in later life.

Please do not keep your child away from school for...

- Birthdays
- Pension day
- Minding other children
- Hair cuts

Always try to make appointments with people like dentists or doctors before or after school.

# Talking About Mental Health

you **MUST** let your child experience sadness, anger, frustration, and other emotions that are typically labeled "negative".

There is nothing negative about feeling these emotions. They are raw, human emotions that must not be suppressed!

They only become negative when you don't have a healthy way to express them.

## Baked Chicken Tacos

### Method

1. Preheat oven to 400°F. Spray a 9×13 baking dish with nonstick spray.

Heat olive oil over medium heat in a medium skillet.

2. Add 1 chopped onion to skillet and cook for 2-3 minutes, or until the onion is translucent and fragrant.

3. Stir in 500g chopped chicken thighs, 1 packet dry taco seasoning, 1 tin tomatoes (FULLY DRAINED). Stir to combine fully. Reduce to simmer and allow to cook for 5-8 minutes.

4. Place the taco shells in the baking dish, standing up. You are able to fit 10 taco shells in the dish by adding 2 on each side. Bake the taco shells for 5 minutes by themselves to allow them to crisp up. Remove from the oven.

5. Spoon 1 tablespoon of re fried beans into the bottom of each taco shell. Top with the chicken mixture, almost to the top of each shell. Sprinkle each shell generously with shredded cheese, the more the better!

6. Bake for 7-10 minutes or until cheese is fully melted and the edges of the shells are browned.

7. Remove from the oven and top with your favourite items such as jalapenos, sour cream, cilantro, and salsa.





# Notice Board

## Family and Relationship Services - Term 2 Workshops 2021



6 Consecutive Tuesday evenings

4th May—8th June

5:30pm- 7:00pm

A six session program designed to assist parents to communicate with their pre-teen/teenager, build stronger relationships and develop emotional intelligence.

@ CRANES—11 Kemp Street Grafton



### How to Talk so Kids will Listen



Tuesday 25th May

11:30am—2:30pm

A half-day workshop which explores emotionally intelligent parenting, problem solving and ways to communicate with children using the 5 love languages.

@ CRANES- 11 Kemp street Grafton



### Calmer Kids, Calmer Homes

2 consecutive Tuesdays

4th & 11th May

11:30am—2:30pm

A two-day workshop to teach self regulation to children. Learn strategies to improve social and emotional wellbeing, explore mindfulness and 'care of the carer'.

@ CRANES—11 Kemp Street Grafton



### Understanding Anger

GRAFTON @ CRANES 9th June

9:30am—12:30pm

YAMBA 16th June

10:00am-1:00pm @ Yamba Hall

45 Wooli Street Yamba

In this half-day workshop we discuss anger and explore ways that parents can respond to emotions behind children's behavior.

### No Scaredy Cats

3 consecutive Thursdays

29th April, 6th & 13th May

9:30am -11:45am

'No Scaredy Cats' is a three session resilience-building program to increase parents' confidence in helping their children reduce anxiety. Taking practical steps to develop resilience in children aged 2-12 is the focus of this program.

@ CRANES - 11 Kemp Street Grafton



### Circle of Security

8 consecutive Thursday afternoons

29th April—17th June

1:00pm—2:30pm

The *Circle of Security Parenting™* program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

@ The Child & Family Hub - 18-26 Victoria St, Grafton



### Supporting Positive Behaviours at Home

Tuesday 18th May

11:30am—2:30pm

This half-day workshop explores ways to positively guide children's behaviour in supportive and age appropriate ways. Learn practical tips to encourage the behaviour you want to see in your child.

@ Cranes—11 Kemp Street Grafton

Call CRANES for inquiries or to register

CRANES' workshops are FREE of charge and may also be accessed ONLINE. FREE Childcare is available

NOTE: To be eligible for our free workshops you must have a child in your care, seeking access to or restoration of a child or support someone who does.

Ph: (02) 6642 7257 Email: FaRS@cranes.org.au

CRANES' Family and Relationship Services is funded by the Dept. of Social Services