2021 Term 4, Week <u>5</u>

GILLWINGA GAZETTE

BE RESPECTFUL, MAKE IT SAFE, TAKE RESPONSIBILITY









PRINCIPALS ADDRESS

by Carly Woods

Dear Parents and carers,

Thank you for your support and proactive approach to dealing with the everchanging COVID -19 situation in our community. The current advice for contacts and close contacts is to get tested and isolate until a negative result is received. Please access this information from NSW health link. If you have any concerns or questions, please contact the school office.

https://www.nsw.gov.au/covid-19/stay-safe/testing/self-isolation-rules

PRINCIPALS ADDRESS

by Carly Woods

Cyber safety

As we have all learned recently, technology has created access to many ways of operating in our community. The skills and abilities children have when operating technology like mobile phones, iPad, computers and internet is fast expanding, with this comes consequences. It is important our children know how to operate technology in a safe and respectable way. We are teaching students about Cyber safety at school. Below is some links you may access to help you support cyber safety in your home.

https://www.esafety.gov.au/

https://www.esafety.gov.au/parents/big-issues

https://www.thinkuknow.org.au/

SCHOOL SPORTS

by Cody Attwater

Last term, students from Gillwinga proudly represented our school at the Clarence Valley Athletics Carnival. After a cold and rainy day, students that were successful were then invited to compete at the MNC Athletics Carnival in Coffs Harbour. Although this event was cancelled, credit should be given to the students that would have represented the Clarence Valley. Amongst the athletes, one of our students deserves a special mention; Zakya Lee! Zakya not only qualified for multiple events but she was named the Junior Girl Champion. Congratulations Zakya, and Gillwinga looks forward to watching you represent us in new year.

Student/s	Event
Maleek Lee	100m
	Long jump
Kurtis Laurie	Shotput
Maddi-Jo Bultitude	Discus
Ne'Kisha Kennedy	Discus
	200m
Ciarna Gardiner	800m
Angel Robinson	1500m
Zakya Lee	100m
	200m
	Long jump
Zakya Lee	Junior Girls Relay
Paris O'Driscoll	
Jacquellyn Kelly	
Nevaeh Tosch	



Notice Board









Supporting Children Through Change and Uncertainty

Join the free online seminar for *Parents and Carers or Professionals* in the Clarence Valley, Glen Innes Severn, Richmond Valley and Tenterfield Local Government Areas.

The last couple of years has brought many changes and losses for children, young people, and families all around Australia. There are so many questions about the impacts of the pandemic, natural disasters, and life changes such as bereavement, family separation and relocation - and how we can best support the children and young people in our lives.

Overview

Common questions:

- How can I talk about what is happening?
- What kind of reactions can I expect from my young person?
- How can I best support my young person?

Attendees will have the opportunity to:

- Consider the range of impacts the pandemic is having on young people
- Explore ways of managing reactions of young people
- Hear about some creative ways of providing support



Join Us

for this free online seminar

to discuss helpful ways to support children and young people adversely affected by change and loss events.

For Professionals

Tuesday 9 November - 3.30 to 4.30pm

For Parents & Carers

Tuesday 9 November - 7 to 8pm

*Click the time to access bookings

The Seasons for Growth suite of programs equip school and other professionals to support children and young people, parents/carers and other adults in sharing their experiences of change and loss in safe and creative ways, understand and attend to their feelings, and learn skills for adapting and recovering.

Get in touch

The MacKillop Institute, Seasons for Growth Programs



Notice Board



2021/2022 Season

Sunday Nippers & Events

Oct	30 Sat	Nipper Info & Sign Up 1- 4 pm - Minnie Water Clubhouse	
	31 Sun	Nipper Info & Sign Up 10 - 1pm - Minnie Water Clubhouse	
Nov	7	First Nippers & Come and Try & Sign Up 9-12pm - Minnie Water	
	14	Nippers – Minnie Water	
	21	Nippers – Minnie Water	
	28	Nippers - Minnie Water	
Dec	5	Nippers - Minnie Water	
	12	Christmas Party - Nipper Fun Day - Minnie Water	
	19		
	26	1.4	
Jan 2022	2		
	9	Nippers – Minnie Water	
	16	Nippers – Minnie Water	
	23	Nippers – Minnie Water	
	28 -30	TBC NSW Country Championships – Cape Hawke SLSC, Forster	
Feb on	TBC	REMAINDER OF THE SEASON Feb – April 2022, including Nipper Activity Days & Carnivals to be confirmed	

	bject to changes dependant on current Health Directives and Covid es to NSW Roadmap. Any updates will be communicated to members
School Holidays	Commencing 18 December
Nipper Activity Days	Held at Minnie Water Beach FIRST Nipper Day is on Sunday 7 November 2021
Carnivals	Waiting advice from Branch regarding updates on Carnival dates, venues and finalisation of events /formats
Club Championship Days	Waiting advice for event details from Branch

Version3 as of 14.10.2021