



# Gillwinga Public School

A leader in Excellence Innovation & Opportunity

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Principal: Colette Abrahall

Issue No 4 Term 3

10<sup>th</sup> August, 2010

Dear Parents and Guardians,

Our school hosted a gala Debating Day against South Grafton Public School in the school library yesterday. Both schools performed extremely well, with South Grafton Public School awarded victors. Congratulations are extended to all the children who debated and our thanks are extended to Mrs Helen Huxley who was the adjudicator for the day.



Debators: 'Working hard on their ideas': Tiana, Cassie and Shantelle

Gillwinga students entered the 2010 Living Fundraisers Christmas Card design competition late last year. We are thrilled to be advised that two of our students' entries will be included in a set of Christmas cards which will be available Australia-wide for schools, kindergartens and community organisations to sell as fundraising items. Congratulations are extended to Tiana Johnston who was a winner in the 'messages' section. Tiana is a Year 6 student at the school. Rhiannon Grivell was a runner up in the artwork competition and although she has moved to Queensland we have advised her of

her success. We are greatly proud of both girls' achievements.



Tiana with her award card

This term Gillwinga Public School is hosting days where preschool children experience 'big' school in readiness for 2011. Last week we had the pleasure of children from New School of Arts and Westlawn preschools. Over the next couple of weeks children from ABC Learning, Jacaranda and Gummyani preschools will be visiting. Mrs Perl, Mrs Brookes and Mrs Wyborn will provide engaging and fun activities for the children and the Hot Shots skipping team will perform their moves. Mrs Cross has prepared a 'goodies' pack with an individual calendar, information about our school and specific transition programs. If parents would like to enrol their children or need further information please contact our school.

Our netball team has won through to round 6 of the state PSSA netball competition. The girls travelled to Lismore last week and were the victors in a very tight game. We are most proud of their achievements and look forward



to the next round where they will play against a far north coast team.

Our school fun run was a great success on Open day with over \$300.00 raised. This money has gone towards the costs associated with the concert held earlier in the term. Thanks are extended to Miss Watters and the SREC team who organised this fundraiser activity.



Fun run: students who supported the fun run by raising money

Kind Regards  
Colette Abrahall

**Silver Award winners:** Jordan Hartmann, Tylah Connor and Shannon Vitnell.



**Bronze Award winners:** Alicia Fairbanks, Hugh Terry and Josh Gordon.



**Writer of the Week:** Krystelle Lentfer  
**Tables champion of the Week:** Matisse Morrissey.



**Week 3 weekly award winners:** Nikita Daley, Rhys Pepper, Tyrone Wilson, Jax Graham, Mitchell Lentfer, Josh Mellish, Jaiden Berry, Madison Beilby, Thomas Ferguson Gardiner, Jennifer Williams, Blayde Pacey and Hailey Duroux.

### MRS DEBBIE BROOKES' RETIREMENT DINNER

Mrs Brookes will be retiring on Monday 23<sup>rd</sup> August. A dinner will be held at the Grafton Golf Club on Saturday 21<sup>st</sup> August. So we can book numbers, please phone the school on 6642 2344 by this Friday 13<sup>th</sup> August if you would like to attend the dinner. The cost of the dinner is yet to be confirmed.

## 2011 Kindergarten ENROLMENTS

### Ready, Set, Go Program

This intensive literacy, numeracy and technology program for preschool children starting school in 2011 starts on Monday, 23<sup>rd</sup> August. There are a few places still available so either ring the school or complete the tear off slip at the end of the newsletter to register your child.

If your child is unable to attend this transition program but will be enrolling for 2011 please contact the school as classes are being organised and numbers are needed to assist with planning.

### Concert DVDs

A film was taken of the school concert and at the moment it is being burned to a DVD. If you would like to purchase a copy please complete the slip at the bottom of the newsletter and include the cost of \$5 with your order.

### Term 3 Dates:

**CSI:** 11<sup>th</sup>, 18<sup>th</sup>, 25<sup>th</sup> Aug; 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup> Sept

**Parenting workshops:** 11:30-1pm Tues, 17th Aug

**MNC Athletics carnival:** Fri, 20<sup>th</sup> August

**Vietnam Veterans' march:** Wed 18<sup>th</sup> August

**Jacaranda preschool visit:** Thurs 12<sup>th</sup> Aug

**P&C meeting:** Mon 16<sup>th</sup> Aug

**Jump off Day:** Thurs 19<sup>th</sup> Aug

**Ready, Set, Go Program:** 9:30-12:30, Mon 23<sup>rd</sup>, 30<sup>th</sup> Aug, 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup> Sept

### Days off School

As the mid mark of the year passes there can be a tendency to let the kids have the occasional day off. Stay strong, especially after the weekend. Monday morning is hard for most of us and kids are no different. Getting a good night's sleep on Sunday is important. Some parents find it easier to do a bit of preparation on Sunday to give a bit of extra time Monday morning. This could be in the form of getting uniforms ready, finding shoes and socks, packing bags, bathing or showering at night instead of in the morning and packing lunches. Schools are constantly

monitoring patterns of poor attendance in order to rectify any problems quickly. Keep in mind that one day a week off equals one year off school by Year 6.

### Lost Property

We have a huge number of jumpers in lost property with no names marked on them. Please mark your child's name on all items so any property can be returned to them.

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## READY, STEADY, GO KINDERGARTEN ORIENTATION PROGRAM

This 10 week Kindergarten Orientation Program will give preschoolers starting school in 2011 a head start.

I am interested in my child participating in this orientation program.

Child's

Name: \_\_\_\_\_

Parent's

Name: \_\_\_\_\_

Contact Phone

NO: \_\_\_\_\_

Contact

address: \_\_\_\_\_

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### Order Form Concert DVD

I wish to order a concert DVD. I have enclosed the cost of \$5

Name: \_\_\_\_\_

Class: \_\_\_\_\_

**P&C NEWS**

The P&C will be holding a family photo fundraiser on Saturday 18<sup>th</sup> September. A family portrait will be \$15. To make a booking please call the school on 66422344.

**Healthy Food for Your Family**

A Government initiative has produced a booklet called "Tomorrow People" to help people with learning healthy eating habits and improved health. This booklet gives tips on various ways to eat a healthier diet.

When buying takeaway food the booklet suggests: "Barbecue chook – remove the skin, and choose the breast meat. Avoid stuffing and gravy.

Chinese food: - choose steamed rice instead of fried, and select mixed vegetable dishes or lean beef or seafood stir fries.

Hamburgers: - this can be a healthy choice if its made with lean grilled meat. As for no butter or margarine and get extra salad instead of bacon or cheese.

Italian: - choose pasta with tomato based sauces and pizza with low fat vegetable rather than meat toppings. Go easy on the cheese.

Salad bar – these can look healthy but still hide sneaky fat. Avoid salads dressed with mayonnaise, they are really high in fat.

Lebanese: - get your kebab with extra salad but skip the fatty sauces."

**CANTEEN ROSTER**

Wed 11<sup>th</sup> August: Natalie Bullock  
Tracey Heywood

Thurs 12<sup>th</sup> August: Nolene Chevalley

Fri 13<sup>th</sup> August: Sue Osborn  
Marjorie Bramble

Mon 16<sup>th</sup> August: Deneal Connelly\  
Michaela Kaptein

Tue 17<sup>th</sup> August: Terrie Duroux  
Lee Hodge

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